



Tuesday 11th January 2022

Dear Parents,

Changes to Covid-19 guidance

The UK Health Security Agency (UKHSA) has announced a temporary change to confirmatory PCR tests from today, Tuesday 11th January.

- If you do not have symptoms, but you test positive on a lateral flow device, you no longer need to take a confirmatory PCR test. You must self-isolate immediately following the guidance.
- If you have symptoms and test positive on a lateral flow device, you must self-isolate and book a PCR test. (The changes have only been made to people who are asymptomatic).

Please note that if you subsequently develop symptoms a new isolation period will start and a PCR will need to be booked.

Self-isolation period for individuals who test positive for Covid-19

The 10-day self-isolation period for people who record a positive PCR test result for Covid-19 has been reduced to 7 days in most circumstances.

You may now take LFD tests on **day 6** and **day 7** of your self-isolation period. If you receive **two negative test results**, you are no longer required to complete 10 full days of self-isolation. The first test must be taken no earlier than day 6 of the self-isolation period and tests must be taken 24 hours apart. This also applies to children under 5, with LFD testing at parental or guardian discretion. If both of these tests are negative, and you do not have a high temperature, you may end your self-isolation after the second negative test result. You should stop testing after you have had 2 consecutive negative test results. Children can return to their education setting on the 7th day if they have tested negative in the morning.

Please find below, a summary of the changes. All of the updates are hard to keep up with, so please just keep in contact with us if your child tests positive for Covid-19.

Best wishes and stay safe,

Mrs. Marshall and Mr. Waghorn

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